

CANADIAN AMATEUR SOFTBALL ASSOCIATION
NATIONAL OFFICIATING CERTIFICATION PROGRAM



LEVEL III

UMPIRE MANUAL

FAST PITCH

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6. Delivery

- An underhand motion is necessary.
- The release of the ball must be forward past the straight line of the body.
- The hand shall be below the hip.
- The wrist shall not be farther from the body than the elbow.



7 a) **Step (Female Category and Male Bantam and Lower Categories)**

- Prior to the front foot touching the ground, the pivot foot may:
 - a) remain in contact with the pitcher's plate.
 - or
 - b) push off and drag away from the pitcher's plate as long as:
 - it remains in contact with the ground.
 - the toe of the pivot foot is pointed down.
 - it does not rise above the plane of the ground.

NOTE: It is illegal to push off with the pivot foot from any place other than the pitcher's plate.

NOTE: The pitcher does not have to drag through the hole created by the other pitcher(s).

7 b) **Step (Male Midget and Higher Categories)**

- Prior to the front foot touching the ground, the pivot foot may:
 - a) remain in contact with the pitcher's plate.
 - b) push off and drag away from the pitcher's plate
 - c) hop or leap, and the pitcher may land and throw

NOTE: It is illegal to push off with the pivot foot from any place other than the pitcher's plate.